

November



PLEASE CHECK THE DIVERSITY AND SUSTAINABILITY PROMOTION OFFICE WEBSITE FOR DETAILS ON EACH PROGRAM AND HOW TO REGISTER.

8th Annual Sophia Diversity Week

Students, faculty, and staff will collaborate in the event to think together toward the realization of a symbiotic society.

Learn about diversity around us through various events, including lectures and workshops!

11.25 MON

11.26 TUE

11.27 WED 15:25-19:00

@9-057C

Board Game Workshop in collaboration with HERALBONY Co., Ltd.



This is a board game-type workshop in which participants play roles of minorities, such as those who are difficult to see or have limited speech, and aim to complete a mission as a team. Through verbalizing each other's "differences" and considering the barriers to working in diverse teams, participants will experience the joy of working together as one while respecting diversity.



*Only for Sophia undergraduate and graduate students.

*Held in Japanese

(Organized by Office for the Promotion of Diversity&Sustainability)

11.28 THU

12:35-15:10

@BUILDING 9,B1
ACTIVE COMMONS

Think with Generative AI: The self you want to show and the self you want to be seen as

Don't you need someone to accept you as such in order to acquire the ideal self or identity you want to present to others? Experience acknowledging or discarding someone's identity while using a generative AI in a quiz-style workshop.

(Organized by Diversity Week Student Executive Committee)

11.28 THU 17:20-19:00

@10-407

Interactive Workshop on Self- and Interpersonal Awareness: Identity and Belonging Through Expressive Arts



Presented by
Dr. Beatrice Melo Postdoctoral Fellow,
Graduate School of Global Studies, Sophia University

How do we see ourselves?

And how do others see us?

This interactive workshop explores the complex interplay of identity, culture, and society. We'll delve into self-awareness, interpersonal connection, and social impact through discussion, creative activities, and expressive arts. In this safe and brave space, we'll work together to build a more inclusive community by addressing biases and embracing diversity. No artistic skills are required. Join us to contribute to a more active and engaged academic environment.

* No artistic skills required.

* The workshop will be bilingual (English/Japanese).

11.29 FRI

11.30 SAT



For more details;

LET'S THINK ABOUT IDENTITY AND STEREOTYPES IN THE CONTEXT OF UNDERSTANDING DIVERSITY!



SOPHIA DIVERSITY WEEK

2024. 11.25-12.10



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EXHIBITION
(25 NOV- 10 DEC)

Exhibit organized by
the Diversity and Sustainability
Promotion Office

Analyzing Sophia University with data
@Building 2, 1F

In order to foster an inclusive atmosphere in our organization, we have visualized the current state of diversity among students, faculty, and staff at our university. Take a look at the surface-level diversity at Sophia University from various angles.

Does identity fit in the mold?
@Building 6, 3F

Are your personality, values, and other identities that make up who you are confined to a certain frame? Let's take a look at your own and others' identities and stereotypes based on a "personality assessment" that is having a great impact in today's society.

Answering questions about campus life!
@Building 6, 3F

Do you have questions that you don't know who to ask, or wish Sophia could improve something, but think maybe it's already being done? During this Diversity Week, the Diversity and Sustainability Promotion Office will answer the questions that Sophia students have about "diversity"!

Kinokuniya Book Fair
@ Kinokuniya Bookstore, B1F, Bldg. 2
Reading about Diversity from Books

We have a variety of books related to "identity". Please feel free to stop by.

25NOV-08DEC

Exhibit organized by
Student Executive Committee
@Building 2,1F

Maternal Identity
- Reflecting on Motherhood and Identities

This exhibition presents information that encourages a deeper understanding of pregnancy, childbirth, women's bodies, and identity.

December



12.1 SUN

12.2 MON

12.3 TUE

12.4 WED 17:20~19:00 @6-202
Stereotypes have a great influence!?

Stereotypes are all around the world. Some of you may have been forced into these stereotypes, or you may have been forced into them without realizing it. In order to make clubs, part-time jobs, and society a place where diverse people can spend time together comfortably, we need to ask "What is a stereotype in the first place? How are impressions of others formed?" "How to avoid prejudice and stress?". In this interactive session, we will engage with these issues from the perspective of psychology!

(Sponsored by Department of Psychology, College of Integrated Human Sciences)

* The lecture conducted in Japanese.

12.5 THU 17:20~19:00 @6-401
A New Era of Gender Expression:
Understanding Diversity Through Fashion

Lecture by Shiori Tanaka
Representative Director of keuzes Inc.

This lecture will be given by Shiori Tanaka, who started the menswear-inspired suit brand "keuzes", based on Shiori-san's own concern "What should I wear for the coming-of-age ceremony?".

(Organized by Diversity Week Student Executive Committee)



12.6 FRI

12.7 SAT

12.8 SUN 13:00~14:40 @6-101

Talk show with Alan Takahashi
Starring in Netflix series "THE BOYFRIEND"

Alan-san's positive words and actions on the Netflix series "THE BOYFRIEND" have made a big impact on viewers. Let's think about "Self-Love" and the positive mindset that spreads to others with Alan Takahashi.

(Organized by Diversity Week Student Executive Committee)

12.9 MON

12.10 TUE



For more details;



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